



SERVICE SAFETY & CONTRAINDICATIONS

To ensure every session remains safe and appropriate, certain services may be modified, postponed, or declined depending on health circumstances.

Natural Lift Facial Massage

Treatment may not be appropriate where clients have:

- Pregnancy under 16 weeks
- Recent Botox or dermal fillers
- Recent facial surgery
- Active acne inflammation
- Skin infections
- Open wounds
- Facial nerve disorders
- Severe rosacea flare-ups

Traditional Thai Foot Massage

Treatment may not be appropriate where clients have:

- Pregnancy under 16 weeks
- Deep vein thrombosis history
- Severe circulatory disorders
- Diabetes-related nerve damage
- Recent foot or ankle injury
- Severe swelling
- Open wounds
- Active fungal infections

Reiki (In Person and Distance)

Reiki is generally considered gentle and non-invasive.

However sessions may be postponed where:

- the client is experiencing acute psychiatric distress requiring immediate clinical support
- expectations involve replacing necessary medical treatment
- the client is under the influence of substances affecting awareness or consent



QHHT Sessions

Quantum Healing Hypnosis Technique sessions may not be suitable for individuals experiencing:

- active psychosis
- unmanaged severe dissociative conditions
- certain trauma conditions where hypnosis may not be appropriate
- expectations of medical diagnosis or guaranteed healing outcomes

Suitability may be discussed during the Discovery Call before booking.

